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Trans-radial Carotid Stenting: 5 Tips for Technical Success

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Potential conflicts of interest

Piotr Pieniazek, MD, Ph.D.

I have the following potential conflicts of interest to report.

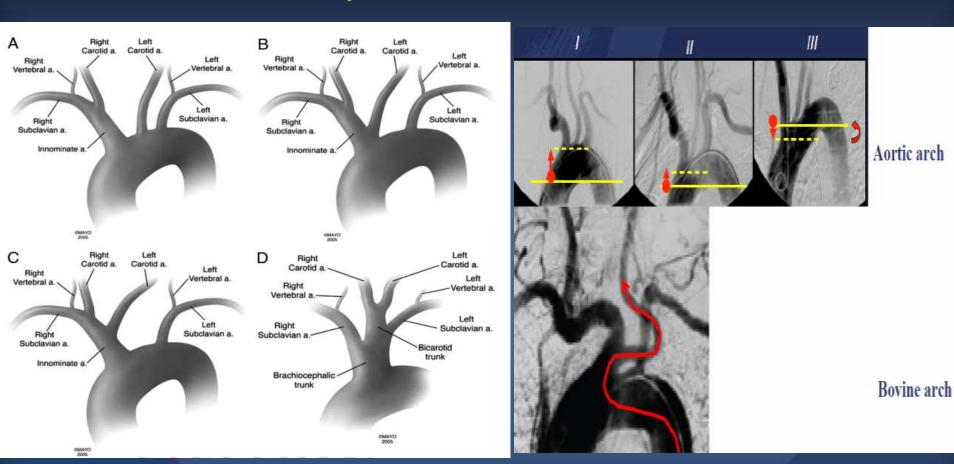
Consulting; Study Honoraria; Travel Expenses; Trials Involvement:

- **■Boston Scientific**
- **■Abbott**
- **■Medtronic**
- **■Terumo**
- **■Balton**
- ■Astra Zeneca



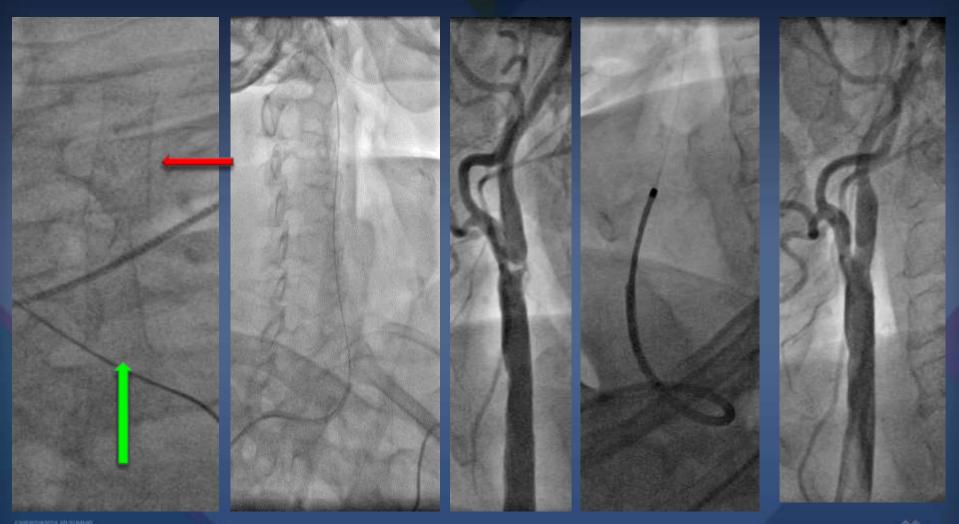
Five tips & trics for radial access for CAS

Number 1 : Carotid artery and aortic arch anatomy & radial or brachial artery access !!!!



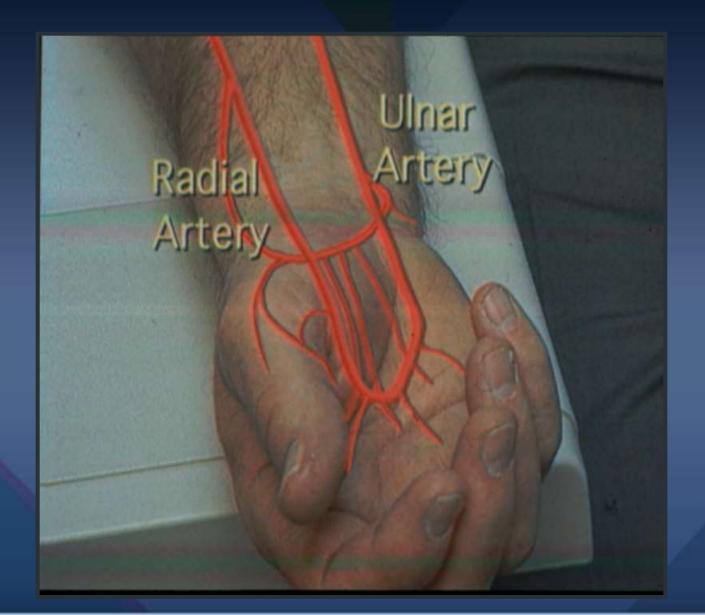
Unusual situation !!!!

RICA – 95% symptomatic stenosis + hanging X-act carotid stent that was moved to the aortic arch during 2 stent implantation for ostial LCCA stenosis!!!

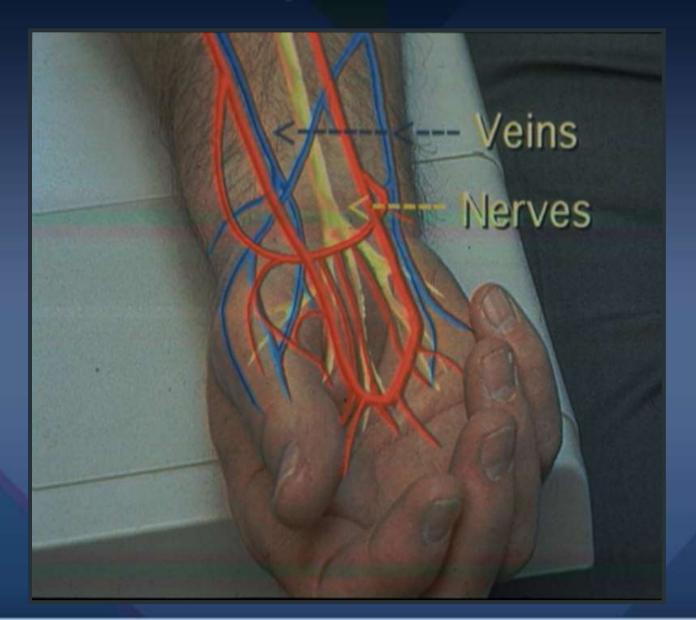


No touch technique of aortic arch from right radial access !!!

The Anatomy



The Anatomy



Allen's Test - Can be performed ± Oximetry test



Peripheral vascular diseases. Edgar van Nuys Allen, MD and others with associates in the Mayo Clinic and Mayo Foundation; 2nd edition, Philadelphia, Saunders, 1955.



Allen's Test - Can be performed ± Oximetry test



*We recommend that, in the presence of an abnormal AT, the RA should not be used for cardiac catheterization unless the risk of using the femoral approach is excessive.

*Greenwood et al. JACC Vol. 46, No. 11, 2005, 2005:2013–7

Unique solution for transradial access intervention !!! Glidesheath SLENDER





Antispasmolitic coctail: 2.5mg Verapamil, 200ug Nitroglycerin and 5000 IU Heparin

I do not recommend 8 Fr sheath and proximal protection

Five tips & trics for radial access for CAS

Number 2: diagnostic catheter & guide wire selection



Typical example of radial access for carotid stenting requiring Cobra 1, 2 or 3 and Simmons 1 or 2 diagnostic catheter!!





Why do we need different wires??? Only Jindo 6cm wire was usefull to introduce guiding catheter !!!!



V-18 Control wire and Advantage wire not allowed to inroduce guiding cath.

Five tips & trics for radial access for CAS

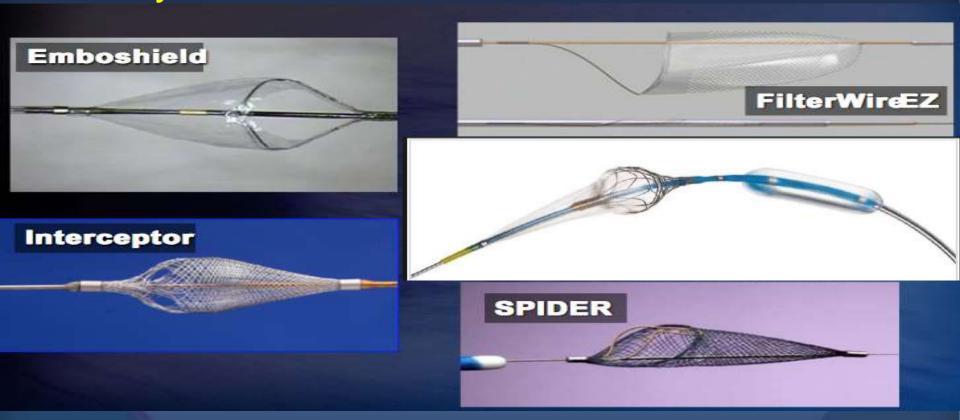
Number 3: Guiding catheters or sheaths selection



Crucial issue for CAS from right radial artery is CCA intubation!!! 5Fr Terumo Destination only for LCCA intubation in case of Boxine Arch

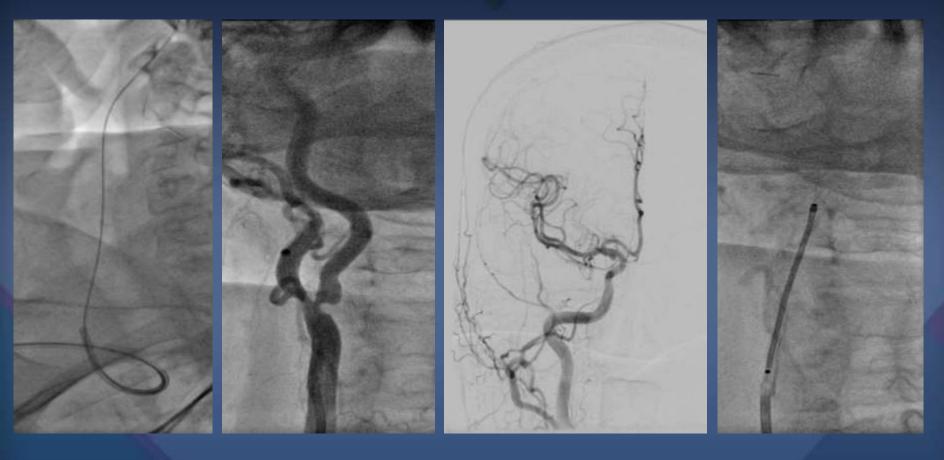
Five tips & trics for radial access for CAS

Number 4: Neuroprotection and new additional NPD. Dystal NPD is a must !!!



All fillters 6/7F compatible and PALADIN device can be also used

Very symptomatic (recurrent TIAs) RICA stenosis in pt with Leriche Syndrome



CAS procedure with double filter protection: EpiFilter Wire and PALADIN!!!!



Very symptomatic (recurrent TIA's) RICA stenosis in pt with Leriche Syndrome



CAS procedure with double filter protection: FilterWire EZ and PALADIN!!!!



Very symptomatic (recurrent TIA's) RICA stenosis in pt with Leriche Syndrome



CAS procedure with double filter protection: FilterWire EZ and PALADIN!!!!

Five tips & trics for radial access for CAS

Number 5: Not all carotid stents should be used for radial access

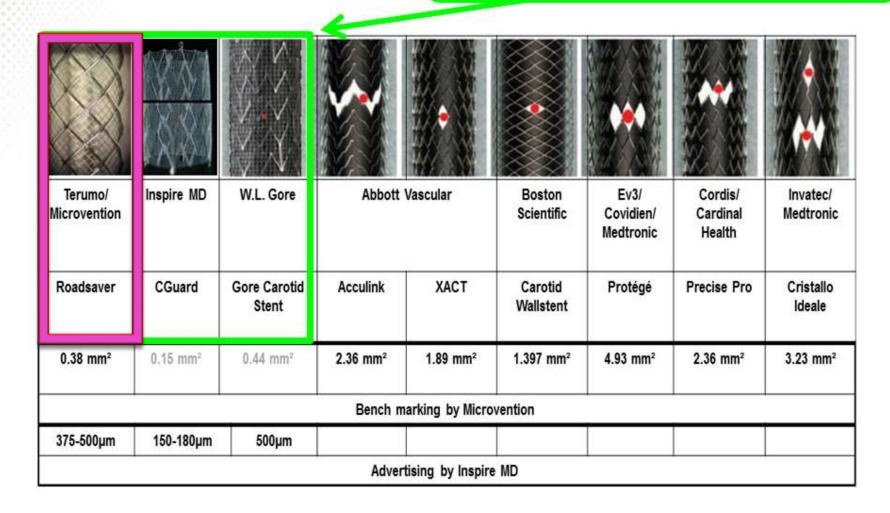
Do not use 6 Fr carotid stents

Do not use stiff stents like X-Act !!!!!!



Competition Carotid Stents

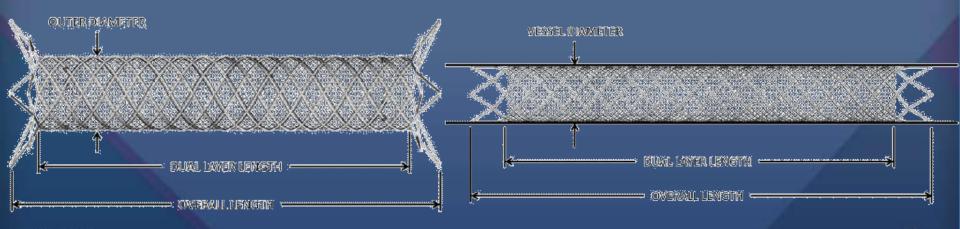
"Mesh" Stents



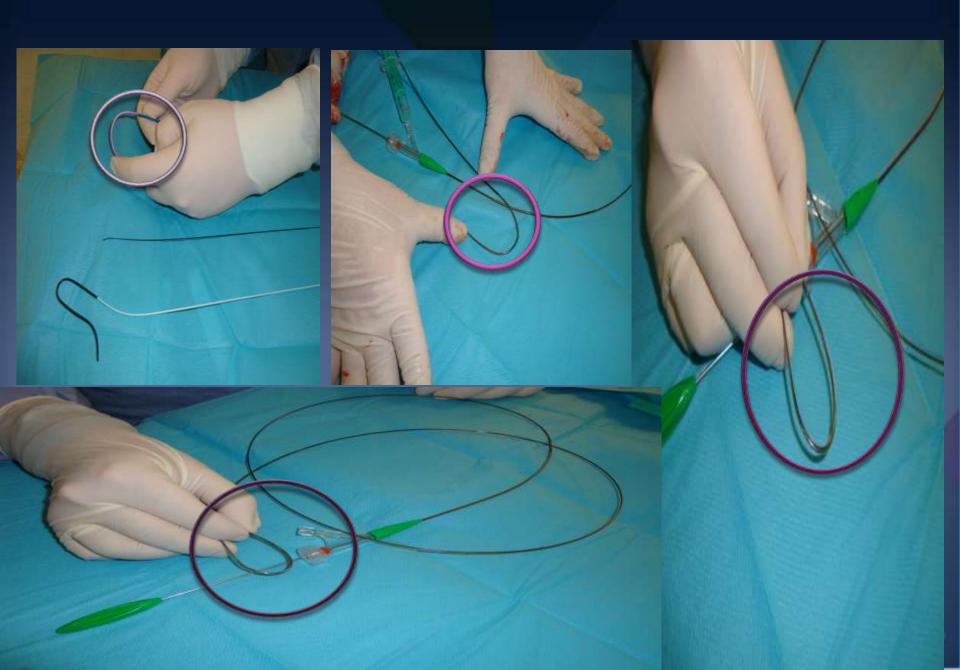


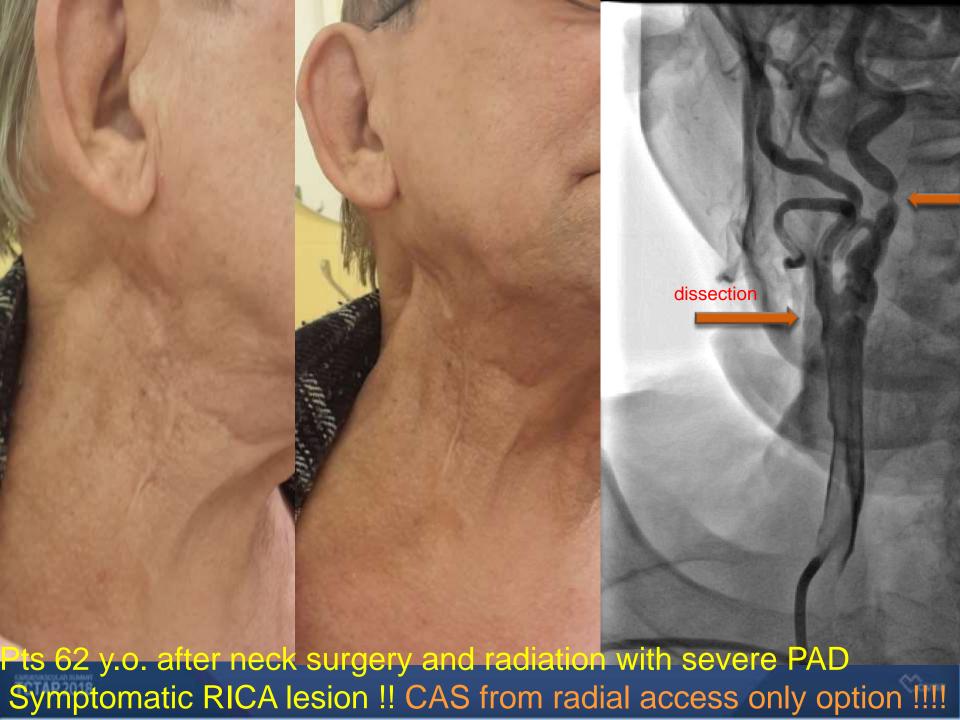
Roadsaver Carotid Stent-All 5 FR

- double layer micromesh scaffold
- enabling sustained embolic protection by very tight plaque coverage
- embolic protection starts with implantation of the stent into the lesion and continues throughout the process of neointimalization
- up to 50% deployment full re-sheathable and repositionable

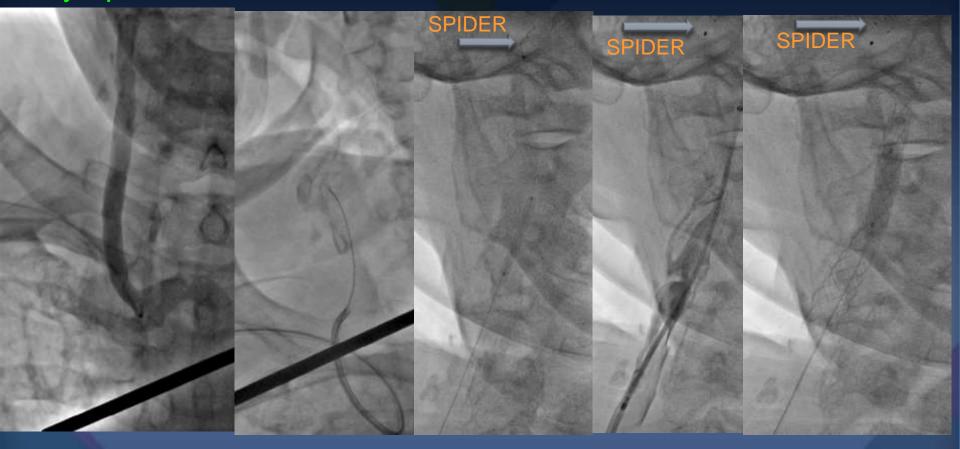


Roadsaver the most flexible carotid stent on the market



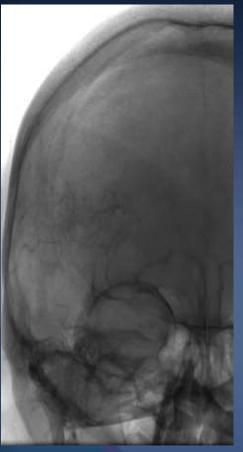


Case # 3186!! Pts 62 y.o. after neck surgery and radiation with severe PAD. Symptomatic RICA lesion !! CAS from radial access only option !!!!

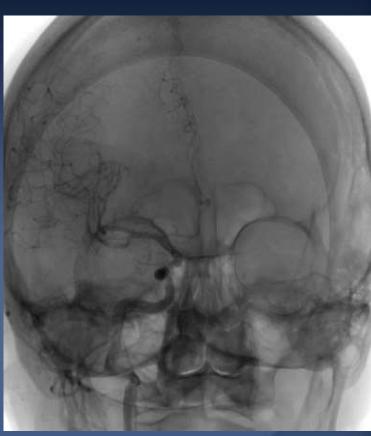


Cobra diagnostic cath, Advantage 0.035", Guider Softip XF and SPIDER RX our routine practice (predilatation – optional) Roadsaver stent first indication in this particular situation. Some aggressive postdilatation.

Case # 3286!! 62 y.o. patient after neck surgery and radiation with severe PAD. Symptomatic RICA lesion !! CAS from radial access was the only option !!!!







Right hemisphere before CAS

Final angio !!

Right hemisphere after CAS

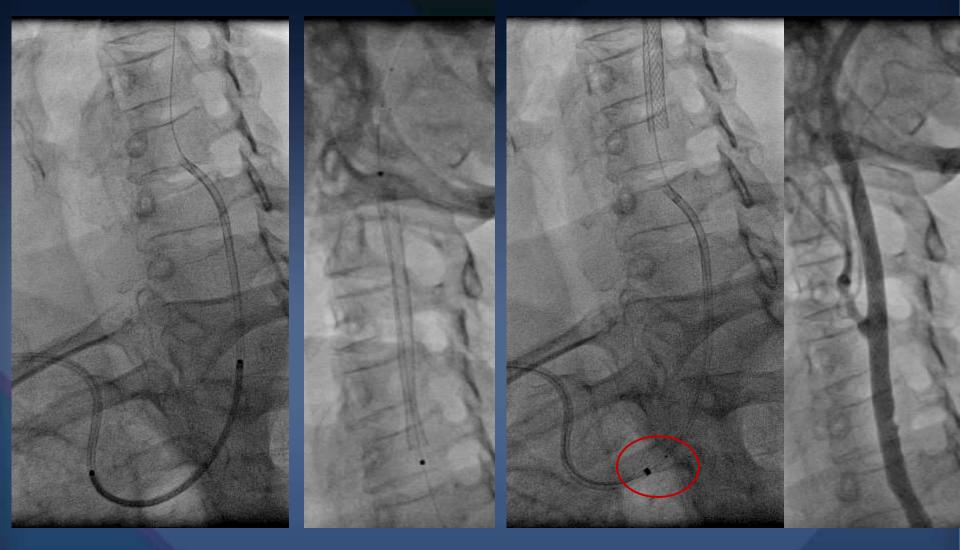
Restenosis 6 Months After Surgical Carotid Endarterectomy

Pt selected for CEA due to difficult access to LCCA from femoral approach



Bovine arch one of the main indications for radial access for CAS

Multilevel restenosis after CEA required stent with good radial force



Most important in radial technique is stent and retrival device delivery

Only Carotid Wallstent (close cell), Roadsaver (meshstent) and MER (open cell) can be used for radial access.



Conclusions:

Carotid artery stenting with EPD can be safely and effective performed using radial access

In severe PAD, difficult aortic arch transradial (from right hand) CAS can be more safe then transfemoral access.

Special dedicated of DC, GW, Filters and Stents make CAS procedure fast and effective.

Due to immediate mobilization, the patients comfort is much better and discharge is usually next day.

All centres performing CAS should know the radial access technique !!!!!!!!







